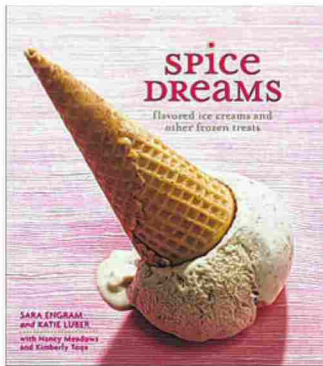


FOOD CHAIN

READ, WATCH, CLICK



ON THE SHELVES

Spice Dreams: Flavored Ice Creams and Other Frozen Treats. By Sara Engram and Katie Luber. Andrews McMeel. \$16.99.

The authors run a Baltimore-based spice business, The Seasoned Palate, which sells organic spices in single-teaspoon packets. So, with all those spices hanging around, they had to figure out something to do with them. This is their second spice cookbook, following 2009's "The Spice Kitchen: Everyday Cooking with

Organic Spices" (Andrews McMeel).

This one will hold more surprises for most home cooks. Outside of the standard baking spices — cinnamon, nutmeg, vanilla, ginger and chocolate (it's a spice, remember?) — many of the world's spices never find their way into our desserts.

Among the more unusual offerings in this collection are six recipes featuring cardamom, including Cardamom-Mint Ice Cream and Cardamom Snickerdoodles, three featuring chiles, including Chile-Lemongrass Ice Cream and one with fennel: Fennel, Chocolate Ice Cream with Cumin.

There are a handful of herb-based desserts, including Basil, Honey-Mint Ice Cream with Thyme, Marjoram-Mint-Coconut Sorbet and Tarragon-Pink Grapefruit Sorbet.

ON TV

"Barefoot Contessa" on Food Network

It's only Wednesday, but you already need a night of commiserating with the girlfriends — with tasty food.

Tune into "Barefoot Contessa" at 12:30 p.m. today for



some "Girls' Day Off" tips from Ina Garten. The day's events feature a pre-retail snack, followed by a "meal" of serious shopping. Garten makes Sour Cream and Coffee Cake, Grilled Peaches, Goat Cheese Salad, Sunrise Smoothie.

ON THE WEB

www.Crisco.com/Chronicles

Crisco "chronicles" are tips, success stories, questions or general statements related to cooking with the classic solid oil. Submissions are entered into occasional drawings for a basket of Crisco products and \$500. The contest runs until June 8.

— Mary-Liz Shaw

